

# I Waited Patiently For The LORD

## 我耐心等待耶和华

Psalm 40 : A Psalm of David

诗篇40 : 大卫的诗

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### Psalm 诗篇 40

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总结

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### Psalm 诗篇 40

#### Introduction 简介

- The author of Psalm 40 is King David  
诗篇40的作者是 大卫王
- Psalm 40 is written to the Director of Musician  
诗篇40 是写给音乐指挥的
- Psalm 40 is a Prophetic Psalm  
诗篇40 是一篇预言诗
- The subject of Psalm 40 is Jesus Christ  
诗篇40的目的 耶稣基督

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**40:1-3 A Personal Thanksgiving 个人感恩**

40:1a Wait patiently -- An earnest and persevering prayer  
耐心等待——一个恳切而坚忍的祷告

40:1b The LORD Lean forward to hear my cry  
神垂听我的呼求

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**40:1-3 A Personal Thanksgiving 个人感恩**

40:2 God lift me out of a slimy pit and set my feet on a rock  
神他从祸坑里把我拉上来，使我的脚立在磐石上

40:3a God put a new song in my mouth  
神使我口唱新歌

40:3b Many will see and fear the LORD and put their trust in the  
LORD  
许多人必看见而惧怕，并要倚靠耶和华

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**40:1-3 A Personal Thanksgiving 个人感恩**

◦

Illustration 说明

Jesus Christ's redemptive work

耶稣基督的救赎工作

Application 应用

Be Earnest and Persevere in Prayer

要认真坚持祷告

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**40:4-5 Declaration of God's Goodness to His Saints**  
**向神的子民宣告祂的良善**

40:4 A Blessed Man 一个蒙福的人

Trusts in the LORD and does not trust in proud man and false gods

倚靠耶和华，不理睬狂傲和虚假之辈

40:5 God's goodness is seen in creation, providence and redemption

神的善良见于祂的创造，供应和救赎

Application 应用

Trusts in the LORD 信靠神

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**40:6-10 Dedication to the LORD's Will**  
**宣告神的心意**

40:6-8 Sacrifice and offering you did not desire. I desire to do your will, my God; your law is within my heart.”

祭物和礼物你不喜悦，我乐意照你的旨意行，你的律法在我心里。”

40:9-10 Jesus Christ proclaim God's righteousness, faithfulness and salvation to great multitudes

耶稣基督在大会中宣传神的公义，信实和救恩

Application应用

Obedience is better than sacrifice. My meat and drink is to do God's will.

顺服比祭更好。我的酒和肉是行神的旨意。



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**40:11-17 A prayer for deliverance 救赎的祷告**

- 40:11-13 His own deliverance from the troubles which encompassed him still  
他自己从围困他的祸患中解救出来
- 40:14-15 Those who were opposed to him might be abased and humbled  
那些与他为敌的会被降卑和谦卑

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**40:11-17 A prayer for deliverance 救赎的祷告**

- 40:16 Those who sought the Lord might rejoice and be glad  
寻求耶和华的高兴欢喜
- 40:17 For himself, as poor and needy, on the grounds that God was his help and his deliverer  
对于他自己，困苦穷乏，而神是他的帮助和拯救

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## Conclusion 结论

- The subject of this psalm is Jesus Christ  
诗篇的目的是耶稣基督
- I must pray earnestly and persevere in my prayer  
我必须恳切而坚忍的祷告
- I must put my trust in the LORD  
我必须信靠耶和华
- I must obey and do His will for obedience is better than sacrifice  
我必须顺服并行祂的旨意因为顺服比祭物很好
- God will not forsake you. God will always be present in time of your great need  
神不会抛弃你。在你最需要的时候，神总是与你同在